# 3 <br> UNIT \#1 - MOTION + Forces 

Distance, Position,Displacement, Speed and Velocity

Kinematics
the study of motion - studies motion...ignores the cause of the motion


## Dynamics

$\square$ The study of the forces that produce motion


- pulling furce



## Distance

$\square$ distance-the total path length travelled by an object
$\square$ (m)
$\square$ SCALAR
$\square$ example: If you walk
2 m from your locker to your biology class
2 m from biology class to the washroom
7 m from the washroom to your physics class
11m
$\square$ You have travelled a distance of 11m.

## Position

$\square$ position-the distance and direction of an object from a reference point.

- VECTOR
$\square \vec{d}$
$\square$ example : the brick is 5 m to the right of it's starting point.


## Displacement

$\square$ displacement-the change in position of an object
$\square$ VECTOR
$\square$ example 1: the brick was displaced 5 m to the right

$$
\begin{aligned}
& \Delta \rightarrow \text { change in } \\
& \Delta d=\text { change in position }
\end{aligned}
$$

## Speed

$\square$ average speed $=\frac{\text { total distance }}{\text { total time }}(\mathrm{m} / \mathrm{s})$
$\square$ SCALAR quantity (has ONLY magnitude)
$\square$ example: speedometer


